

## MAIL TEXAS STATE

Some Ancient History and Modern Statistics of Live Interest.

Dallas, Texas, Sept. 26.—The Texas Business Men's association, aided by postal authorities at Washington, has compiled information dealing with the handling of United States mail in Texas. It shows that the 2600 postoffices in Texas—18 first class, 95 second class, 213 third and 2171 fourth class—employ 5420 persons and have an annual payroll of \$5,015,000.

The annual receipts of the Texas postoffice is approximately \$7,000,000, while five years ago the aggregate income was but \$5,465,000.

**A Thousand New Jobs.** The present administration has appointed 1025 postmasters in Texas, filling nearly one-half of the offices in the state. Of this number 216 were at offices filled by presidential appointment and 784 were fourth class offices. One hundred and seventy-one, or 17 percent of the positions filled by the current administration have been reappointments. Of the 15 first class postoffices in Texas, appointments have only been made by the current administration at Austin, Fort Worth, Galveston, Houston, Paris and San Antonio.

**Dallas Job the Best.** The Dallas postmaster is the highest salaried postal official in Texas; his annual compensation is \$6000. New York, Chicago, Philadelphia, Boston and St. Louis are the highest paid postmasters in the United States and each receives \$5000 per year.

**Early Texas Mail History.** Texas became a state by a joint resolution of congress December 29, 1845, and the first postal contract was taken June 26, 1847. At that time there were 171 postoffices in the state.

The first important route in Texas was established July 1, 1852, between San Antonio and San Diego, Cal., by way of El Paso. The schedule required that the contractor leave each terminus on the first day of each month and arrive at the other terminus on the last day of the month. The mail was carried by stage, overland, and the annual compensation was \$145,000.

**Other Mail Routes.** Service was inaugurated between El Paso and Ft. Fillmore, N. M., on July 2, 1857, but St. Louis, Mo., and Ft. Yuma, Cal., were later made the terminals of this route. In September, 1859, Texas secured another important postal route—the one from St. Louis to San Francisco. Sherman and El Paso were the principal Texas points on this line.

**First Postal Officials.** The first postmaster general was Benjamin Franklin. The first superintendent of mail service in Texas was Daniel J. Teller, who was appointed immediately following the act of March 29, 1846, to provide for routes in operation and superintend the mail service of Texas generally. About this time the first mail route was established from Galveston to New Orleans once every five days. The Galveston and the New York were the first ships engaged in this work and the New York was the first ship to be sunk while carrying Texas mail.

There are now 958,550 patrons served by rural routes in Texas and approximately one-third of the farm population is reached with regular free delivery mail service. The annual cost of this service is approximately \$7,500,000. The combined length of the rural routes of Texas is 48,445 and 2000 carriers travel 14,627,915 miles annually delivering this mail. The longest route in Texas is known as route No. 2 out of Colorado, Texas. It is 24 miles long and serves 460 people with a daily delivery.

**Free City Delivery Service.** Free city delivery service was first established in the United States July 1, 1862, but was not adopted in Texas until November 1, 1912. Dallas, Galveston and Houston were the first cities in this state to inaugurate this plan. Free delivery service is in operation in 49 cities in Texas and 12 of these have established this service for the past three years. The Texas cities with free city delivery are: Abilene, Amarillo, Austin, Ballinger, Beaumont, Bedford, Bonham, Breckenridge, Brownsville, Brownwood, Cleburne, Corpus Christi, Corsicana, Cuero, Dallas, Denton, Denison, El Paso, Ennis, Fort Worth, Gainesville, Galveston, Georgetown, Greenville, Hillsboro, Houston, Laredo, Longview, McKinney, Martin, Marshall, Orange, Palestine, Paris, Port Arthur, San Angelo, San Antonio, San Marcos, Sherman, Stamford, Taylor, Temple, Terrell, Tyler, Victoria, Waco, Waxahatchie, Weatherford and Wichita Falls.

**Federal Buildings in Texas.** There are 36 buildings in Texas owned by the federal government and 21 of them are occupied by postoffices. These buildings are valued at approximately \$7,200,000 and are located in Abilene, Austin, Beaumont, Benham, Brownsville, Cleburne, Corsicana, Dallas, Denison, Eagle Pass, El Paso, Fort Worth, Gainesville, Galveston, Gonzales, Greenville, Harlingen, Jefferson, Laredo, McKinney, Mineral Wells, Palestine, Paris, Port Arthur, San Antonio, San Angelo, San Marcos, Sherman, Sulphur Springs, Temple, Terrell, Tyler, Victoria, Waco, Waxahatchie and Wichita Falls.

**Post Office Savings Banks.** There are 532 postal savings depositories in Texas. The total deposits of these institutions on March 1, 1914, was \$4,414,101.

The railway mail service in Texas employs 536 men, who receive \$720,000 annually in salaries and wages. Mail is carried on 14,892 miles of the railways of Texas at an annual cost of \$1,325,139.

## New York Plans to Make European Refugees From War More Comfortable

New York, Sept. 26.—That immigrants from Europe who are detained at Ellis Island in the future will probably be more comfortable and find many more luxuries than in the countries they have left is indicated by the statement of the new commissioner of immigration, who has announced that he will use every effort for the comfort of the alien, especially for the children. He plans to go so far as to include playgrounds for the children to be built especially for their recreation. He has also bought toys for the youngsters to play with and of the different countries, so that while the children are playing, the older people may dance instead of sitting and brooding over their troubles. Just at present the tide of immigration is low, only 25,000 immigrants having arrived at Ellis Island during the past month as compared to 165,000 for the same period a year ago. On this account the establishment of the proposed innovation at Ellis Island will be much simpler than under ordinary circumstances.

# ICELAND AND ESQUIMOS TAKE NO MEDICINE

Have no Word in Their Language for Medicine. Wm. J. Mayo, the great Surgeon, in the Saturday Evening Post, says: These and other uncivilized countries, nor animals, do not have Cancers, especially of stomach and liver. Neither do the American Indians. Irritation, he says, produces cancers. None of these ever had consumption until alcohol and drugs were introduced among the Indians. Then they began to be consumptives because of the exhaustion caused by the Drugs.

## The Lumbermen of Minneapolis and Canada—

Said a specialist on cancers, at Rochester, Minnesota, Have the greatest percent of cancers of kidneys and bladders. Why? Because whisky is one of their staple remedies together with calomel for physies, so that notwithstanding their healthy outdoor life, they have more cancers of these parts than any other people.

## Women, Because of use of Wines and Whisky—

Tea and coffee and physies and use of calomel, quinine and ergot (rotten shriveled rye) produce all the female troubles and especially cancers. There never was a cancer in any one, except from a bad injury, that did not use some irritating drugs like these or stimulants. All diseases are caused from some drug or stimulant exhausting the nerves or injury.

## Bad Colds Are Started From Exhausting the Nerves—

From over eating or taking some stimulant or physies that exhaust the nerves. Then cough medicine is taken and stops the cough by paralyzing the nerve so it allows the stagnant blood to settle in the lungs and decay them and pneumonia or consumption is sure to follow.

## Rest the Nerves, Says the Great Congress of Scientists—

To prevent and cure consumption. If your liver is tired and you are constipated, don't whip it up with calomel or some other physie, rest it. Eat no meats as they require bile to digest. Eat fruits and have the Osteopath free the nerve that surrounds the blood vessels in the liver or whatever organ is diseased and the restored blood circulation will carry out the impurities and build up the part again, just as the blood did when it first made it. See what we did to all these 11,000 people

## In 11 Years Here in El Paso the Medical Doctors Have Lost One-Half the Average Population Here

Or 22,000 People. That's awful when you stop to think about it. Figure up the death records, say at 40 a week and you will see that it is true; while Osteopaths lost 10 patients. Lack of circulation from exhausted nerves, either from over indulgence or irritating drugs or stimulants or poison from filthy surroundings or poison from other diseased persons or vaccinations from some diseased animal, cause all diseases. While freeing the nerves where congested from the over excitement restores the circulation and cures all curable diseases by carrying the impurities out and building up the part again just as the blood did when it first made it.

Feel your own spine and you will see it is always congested in every disease. And read about all these 11,000 we have cured by relieving these places and restoring the blood circulation, and no danger of cancers, insanity or consumption.

Go now to Dr. A. T. Still Osteopathic Infirmary before these conditions have run into a cancer or insanity or exhausted you into a consumptive.

**WHAT NEXT?** "Irritation Cause of Cancer." Presidential address of Dr. William J. Mayo, American Surgical Association.—Saturday Evening Post, August 1st.

Cancer prevention is the growing ambition of doctors, because cure after cure offers such limited hope. The noted surgeon, Dr. William J. Mayo, made this the subject of his presidential address before the American Surgical Association this year, instead of discussing the use of the knife in cancer. Of his two main suggestions the more striking one was a call for study of the cause of a high percentage of cancer of the stomach among civilized people and a low percentage apparently among uncivilized people.

Whatever the cause may be—too much meat, or improper cooking, or oddities of diet—he indicated clearly that he thinks some one cause will be found for the fact that among civilized people cancer of the stomach comprises a third of all cancer cases, while among savages and animals, so far as the meager data goes, cancer of the stomach is infrequent. He expressed the opinion that, whether cancer is a germ disease or not, it usually locates at some point in the body that has been irritated or has some abnormal condition.

A very large proportion of the cases he has treated showed definitely that such a condition existed before cancer developed—a mole, ulcers, tobacco, and, in the case of a locomotive engineer, the constant heat irritation of the muscles of his leg as he sat beside the fire box.

Besides urging the study of stomach irritation, he pleaded for early medical aid.

All Graduates of Dr. A. T. Still's American School of Osteopathy, Kirksville, Mo.

## Go to Dr. A. T. Still Osteopathic Infirmary Now

### ULCERED EYES.

Like Mr. Buchanan did when his eyes were so ulcerated and had he suffered death. They resembled chunks of beef steak. Now he can see and has gone back to work. Also Little Blind Boy Kelley and Mrs. Smiley, who can now see as well as anybody.

### STOMACH AND LIVER TROUBLE.

Or like Mrs. McDee of Courtland, Ariz., did when doctors only gave her 3 days to live, and called her husband an old fool for bringing her here. Worst case of stomach and liver trouble and rheumatism on record now well and enjoying life. Couldn't hold water on her stomach, now eats heartily.

### RHEUMATISM.

You ought to go there like Mr. Williams of Morenci, Ariz., did. Had been to all kinds of springs and suffered agony all the time with rheumatism. Was brought here on a stretcher. They cured his hip right here. Doctors reported all over town they had broken his hip. Is now back home at work and happy.

Here is where they cured Mr. Smith of Denver, also of sciatic rheumatism. Was so bad they had to go to depot and treat him before he could be moved to the infirmary.

Mrs. Roundtree of Corona was also given up to die with rheumatism. Is now well.

Here is where they cured deafness as they can hear as well as you can. Miss Haywood of Las Cruces, Miss Jones of El Paso, and Miss Beckett of Tucuman, and Mr. Webster of Arizona, and Mr. Hudson of New Mexico, besides scores of others, besides helping many others who did not take long enough to get well.

Here is where they cured Mr. Brown, the postmaster at Courtland of asthma. Also Mr. Humble of Clint and several business men here in El Paso besides scores of women. In fact, there is no other way to cure asthma as the hundreds of our patients will certify to. See their sworn statement before notary.

Here is where they cured 1200 cases of female diseases. Hundreds of them had operations and all were worse than before the operations, some had great abscesses left because the avenue of escape for the stagnant blood had been shut off. Some had shriveled limbs and suffered death. I wish you could see all the mangled people they have to deal with each year after the surgeons have chopped every thing loose they could find and did them no good and left them to die. There ought to be a law forbidding this operation business. It slays more than war ever did. They just scare them into operations because they want the money, as they confessed in Pearson's magazine. Dr. Still Osteopathic Infirmary has never used a knife nor drop of drugs and cured a hundred to their one. Osteopathy loosens the nerves to the parts and the renewed circulation carries the stagnant blood out and builds up the parts and you are well again.

Here is where they cured Mr. Smith after he had bled a bucket full. Given up by the surgeons. Also Mr. Hyne of lung hemorrhage. Mr. Shubalter, also lung hemorrhage, in fact a hundred different internal hemorrhages. They have perfect control of circulation in any kind of hemorrhage. They never tie arteries, but stop them immediately.

### NERVOUS BREAKDOWN.

This is where they cured Mr. Holden, the banker, Mr. Homer, the merchant, of New Mexico, besides scores of others right here in town, besides all these ladies who have suffered so much. They always have droves of these on hand, as there is no other way to cure them but take the pressure off the spine. Two different families had given their daughters up to die with this trouble here in town. Usually caused by taking drugs. Osteopathy never failed in a single case of this trouble and hundreds have taken for it. Come and talk with them.

### TUBERCULOSIS.

This is where they cured all these tubercular hips. Many of them had been in casts and were all worse than they were before. Some of the hips were out of joint. These were all set. Some had been banded too tight and bone had rotted. Some had old sores of 20 years' standing. All were cured. Some had run nails in foot and had just blood poison. All were cured. Many of them live right here in El Paso so you can see patients and talk with them. See their sworn statement before notary.

Here is where they cured gall stones. Mrs. Walton, Mr. Wyroff, Mrs. Tilton, Mrs. Barker, besides a hundred others. They loosened the nerve to the liver and the blood softens the gall stones and dissolved them and threw them out. At least a hundred cases.

Here is where they cured Mr. Roberts, Helme's daughter and Mr. Kilburn. Osteopathy is the only way to cure grippe or pneumonia for the nerves in the chest case are congested to lungs and you must free them or you will go into consumption if you exhaust them by drugs or stimulants. This is why one-third of our inhabitants die in prime of life with consumption. Osteopathy frees the nerves and they free circulation in lungs, throw the impurities out and you are well again.

Here is where they cured Mr. Harper of Clinton, Ariz., of Bright's disease, given up to die. Mr. Hays of New Mexico, Mr. Wilson of Dahlhart, Mrs. Jones of Maria, and 299 others, many right here in El Paso.

This is where they cured Mrs. Mills and Mrs. Talker of consumption when even the brother of Mrs. Talker, a medical doctor, said she never could return to her home. Now they are both well and live back at their old homes. They usually send a dozen or two home well each spring besides all that live here in El Paso. In fact, they never lost but one patient with throat and lung troubles out of the hundred they have handled. See the sworn statements of their patients.

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### APPENDICITIS.

This is where they cured the manager of Overland magazine of appendicitis. Doctors said he would die in 24 hours unless they operated on him. The New York manager had been cured of appendicitis by Osteopathy. He wired to have him sent to Dr. Ira W. Collins, of Dr. Still's Osteopathic Infirmary. He is now sound and well, so is about 200 more cases, many of them living right here in El Paso.

### LOCKED BOWELS.

Here is where they cured Mrs. Crosswhite of locked bowels. Doctor had given her dope and burned them into mass of scum. Osteopathy loosened nerve right here and cured her up. Would have been a corpse in 24 hours. Another lady in same fix on Missouri street. Had been nearly killed by trying when bowels were locked. Is now well. Also nearly a hundred cases like these cured after being nearly killed by drugs which try to force the food through and often burn them. That is the only way you can do with appendicitis as a physio when taken pushes food bursts the tender bowels. No body ever dies with appendicitis itself, as it folds in and heals up itself when no physio are taken. They have cured a lot of these cases after they had been operated on as they are nearly always worse with some kind of intestinal troubles, after operations for appendicitis. Over half the cases are kidney troubles and they never had appendicitis, but they scared them into the operations just the same and while those cases usually die the rest suffer worse after the operations for appendicitis.

Here is where they cured all these bad cases of tonsillitis. The Fleming boy was choking to death with it. He is now perfectly well. So was R. L. Jace's boy dying with diphtheria, but is now perfectly well, cured at Still Osteopathic Infirmary. Mrs. Harter was also cured of bad case of quincy of long standing. She is now perfectly well.

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This certifies that I, G. L. Hannan, am a notary public in and for El Paso County, State of Texas, and that I took the statements of the leading people of El Paso, who had been treated at the Dr. A. T. Still Osteopathic Infirmary, under Dr. Ira W. Collins, for nearly every disease you can think of, and they verified the fact that they were cured, and were enthusiastic in praise of the Osteopathic treatment.

G. L. HANNAN, Subscribed and sworn to before me, this 26th day of October, A. D. 1910.

A. S. THURMOND, Notary Public in and for El Paso County.

## 201 West Missouri Street

## Dr. A. T. Still Osteopathic Infirmary

Dr. Ira W. Collins, physician in chief; Dr. M. Alkire, lady specialist; Dr. Carl Gibson.